

Shamanic Writing for Women 'Exploring the Deep, Wild and Sacred Feminine'

A creative day for women who would like to discover their authentic writer's voice and be enabled to freely express it

with

Christa Mackinnon and Joanna Pine

1st February 2014, Devon



We all have the ability to write, when we access the creative parts of our brain. This workshop will provide a safe space in which to explore the deep feminine, the wisdom all women hold, and express it through the writings of poems and short stories. We will use shamanic drumming, journeying, meditation and movement to activate those creative, deeper layers and to support and guide you in your writing process.

The aim of the workshop is to end up with a collection of poems and stories, which we may want to publish, as we have the opportunity to get the pieces edited by a professional editor at a later stage. We will discuss this in the group and explore ways forward that suit all participants.

The Facilitators

Joanna Pine: is a retired Physiotherapist and Person Centred Counsellor, Supervisor and Facilitator. She has been writing poems for most of her life. Some of them were published in three individual poetry books. She is currently working towards publishing her own books of poetry.

Christa Mackinnon: is a psychologist, family counselor, clinical hypnotherapist and shamanic teacher. She is an experienced workshop facilitator and trainer, has written countless articles and the book: 'Shamanism and Spirituality in Therapeutic Practice'. Christa has done some training in 'conscious writing'.

Diana Lodge: is an Oxford graduate and writer, who worked as an editor for various publishing houses. Diana will help us in the second stage of our writing process.

Booking Form

Shamanic Writing for Women

1st February 2014, 10am to 5pm

Kamdaris House, Harrowbeer Lane, Yelverton, Devon PL20 6DY

Please book early. Places are limited

Name, Address

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Email:.....Tel:

I would like to participate in the workshop:

Shamanic Writing for Women - Part 1

1st February 2014, 10am to 5pm

Fees:

The fees for the workshop are £38 (waged) £ 28 (unwaged)

Payment:

You can pay by cheque or via bank transfer (please tick / delete appropriately)

I enclose the full fees £ 38 / I paid by bank transfer

I enclose the reduced fees £ 28 / I paid by bank transfer

Cheque: Please make cheques payable to "Christa Mackinnon" and send them together with your booking form to: Kamdaris, Harrowbeer Lane, Yelverton, Devon PL20 6DY

Bank transfer: Please attach your completed booking form to an email to christa@kamdaristraining.co.uk and pay your fees via bank transfer to: Christa Mackinnon, Halifax, acc.no: 00438749, sort-code: 11-06-62

You will receive 'joining instructions' with your booking confirmation